





Introduction to Thrive and How to Use this Booklet

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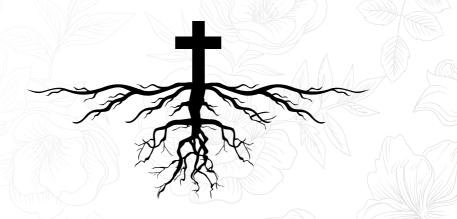
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### INTRODUCTION TO



"Therefore, as you received Christ Jesus the Lord, so walk in him, **rooted and built up** in him and established in the faith, just as you were taught, abounding in thanksgiving." - COLOSSIANS 2:6-7

#### WELCOME TO THRIVE 2020.

The big idea behind our Thrive campaign is a desire to get back to basics with God. At its most basic, this series is attempting to answer the question: *"how do I thrive in my walk with God?"* Not just survive life by scraping through, but truly thrive. Does it feel out of reach? It might do, but it isn't. Not when God is involved. Jesus Himself speaks of coming to bring us *abundant* life *(John 10:10)*, and we must be careful if we live as if he failed.

The call to Thrive is an invitation – an invitation to draw closer to God and have Him draw near to you (*James 4:8*). Could it be that at the start of 2020, we stand on the threshold of a new kind of life with God? Not one devoid of life's many struggles, but one full of God's amazing grace and presence of a kind we have yet to experience?

This is certainly our hope. And this is the heart behind Thrive.

Thrive will be practical, challenging and, by God's grace, spiritually formative for our church. Please be in prayer for our church as we would sink our roots deep into the gospel and draw life and strength from its blessings. Pray for breakthrough. Pray for spiritual reformation. Pray for new faith and new life.

### WHERE ARE WE GOING?

At first glance, the series might look a bit random, but there is an underlying structure:



### HOW TO USE THIS BOOKLET

Each week's topic contains bible readings, a practical challenge to help you grow, and a fantastic book recommendation to go deeper. There will also be notes for each week's message. Be sure to spend time each week reflecting on the readings before and after the message.

# THRIVE

#### **BIBLE READING:**

Matthew 13:1-23; Philippians 3:14.

#### **HOMEWORK:**

Browse through this booklet, and pick the 2-3 topics you feel with help you most thrive. Consider picking up one of the recommended reading books.



#### **RECOMMENDED READING:**

5 Things Every Christian Needs to Grow by R.C. Sproul.

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### READING GOD'S WORD

#### **BIBLE READING:**

Psalm 119:1-16; Hebrews 4:12-13.

#### **HOMEWORK:**

They say it takes 21 days to form a new habit, but let's start with seven. Each day this week, read and reflect on just a few verses. A good rule is this: don't touch your phone until you've touched your Bible.

#### **RECOMMENDED READING:**

Taking God at His Word by Kevin DeYoung.



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## PRAYER

#### **BIBLE READING:**

Matthew 6:5-13; Luke 11:1-13.

#### **HOMEWORK:**

Building on last week's challenge, pray every day this week – before and after reading your Bible.

#### **RECOMMENDED READING:**

Prayer by Tim Keller.

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## LAMENT

#### **BIBLE READING:**

Psalm 22 & 77.

#### **HOMEWORK:**

Do the four steps of lamenting in an area of pain in your life: (1) Keep turning to prayer; (2) Bring your complaints; (3) Ask boldly; (4) Choose to trust.

#### **RECOMMENDED READING:**

Dark Clouds, Deep Mercy: Discovering the Grace of Lament by Mark Vroegop.



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## FAITH & WORRY

#### **BIBLE READING:**

Matthew 6:19-34; Philippians 4:4-7.

#### **HOMEWORK:**

Write a list of what you are worried about over breakfast, at least 3 times this week. Pray over the list, remember that God is King and cares for you. Finally, tear up the list and put it in the bin.

#### **RECOMMENDED READING:**

*Running Scared: Fear, Worry, and the God of Rest* by Ed Welch.

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### REJOICING IN GOD

### BIBLE READING: Philippians 4:4-13; Psalm 16.

#### **HOMEWORK:**

Write a list of all you have to be grateful for at least 3 times this week. Focus on different areas of your life and where you see God's hand at work. Thank God for them in prayer, and rebuke the pessimist in you!

#### **RECOMMENDED READING:**

Enjoying God by Tim Chester.

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## WORSHIP AT HOME

#### **BIBLE READING:**

Deuteronomy 6:1-9; Joshua 24:14-18.

#### **HOMEWORK:**

What would it look like for the Christians in our household to worship and pray together? Make a plan together. For parents & couples, this is easy – before bedtime is now family prayer time!

#### **RECOMMENDED READING:**

Five Things to Pray for Your Kids by Melissa Kruger

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### SABBATH REST

#### **BIBLE READING:**

Exodus 20:8-11; Hebrews 4:9-11; Luke 6:1-11; Mark 2:23-28.

#### **HOMEWORK:**

Put in place sabbath rhythms for this weekend. How can you better disconnect from the world and rest once a week? (Note: for many, Sunday is a great option).

#### **RECOMMENDED READING:**

*Crazy Busy* by Kevin DeYoung.



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### FELLOWSHIP & CHURCH

#### **BIBLE READING:**

Ephesians 2:19-22; Romans 12:9-21; Hebrews 10:24-25.

#### **HOMEWORK:**

Make a commitment to come to church and small group every week this month.

#### **RECOMMENDED READING:**

Everyday Church by Tim Chester & Steve Timmis



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### LISTENING TO GOD IN PREACHING

BIBLE READING:

Hebrews 3:7-14; James 1:22-25.

#### **HOMEWORK:**

Talk about what you heard God speaking to you about after church and at small group. Come prepared each week to share!

#### **RECOMMENDED READING:**

Listen Up by Christopher Ash



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# CONFESSION

#### **BIBLE READING:**

1 John 1:5-10; James 5:16; Galatians 6:1-2.

#### **HOMEWORK:**

Talk about your sin with a trusted person.

(Note - if you are that trusted person, it is your job to remind them of the gospel and the forgiveness they have in Christ. Go to 1 John 1:5-10).

#### **RECOMMENDED READING:**

Redemption by Mike Wilkerson



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### WORSHIP AT WORK

#### **BIBLE READING:**

Colossians 3:23-4:1; Genesis 1:27-28.

#### **HOMEWORK:**

Write down two concrete ways that you can begin to see your work as worship.

#### **RECOMMENDED READING:**

Every Good Endeavor by Tim Keller



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### LIVING AS AMBASSADORS

#### **BIBLE READING:**

2 Corinthians 5:11-21; Matthew 5:14-16.

#### **HOMEWORK:**

This week at work, over a lunch time or before or after work, go for a prayer walk around the office / worksite / classroom / clinic / house. Pray for the space in which you work that God would bring his Kingdom.



#### **RECOMMENDED READING:**

Honest Evangelism: How to Talk About Jesus Even When It's Tough by Rico Tice



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